

Potato Chips: Can you see the fat?

The Brown Paper Bag Test

Step 1: Grab two pieces of brown paper bag.

Why use the paper bag? The bag will turn greasy from fat.



Step 2: Grab one baked potato chip and one classic chip.

Step 3: Rub each chip type on a separate piece of the brown paper bag.

Which piece turns the bag greasier?

Which type of chips is better for you?

